

Structuring a Therapeutic Intervention

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Presentation to PASG 2024 Conference Oslo, Norway

OVERVIEW

TOPICS FOR THIS PRESENTATION

- 1. What is Systemic Family Therapy and How does it differ from Individual Therapy**
- 2. Legal Issues Pertaining to Court-Ordered Family Therapy**
- 3. Panel Discussion regarding differing international approaches to the issue**

WHAT IS SYSTEMIC FAMILY THERAPY AND HOW DOES IT DIFFER FROM INDIVIDUAL THERAPY

- A good introduction is this piece in Psychology Today (<https://www.psychologytoday.com/ca/therapy-types/marriage-and-family-therapy>)
- The practice of systemic family therapy is a specialist endeavour and standards are published by individual organizations, such as the American Association for Marriage and Family Therapy (<https://www.aamft.org/>) and U.S. state regulator issuers of the LMFT designation
- The Canadian Association for Couple and Family Therapy (<https://camft.ca/>) issues the RMFT designation
- There is also the Ontario Association of Marriage and Family Therapy (<https://oamft.com>)
- Provincial regulation applies to titles and some related activities through, for example, the College of Registered Psychotherapists (Ontario)

STANDARDS OF PRACTICE AND REFERENCE MATERIALS

Family Therapy Titles & Indices updated

Shelley Polak PhD Thesis

Current status of outpatient therapy - Polak and Moran 2016

AFCC Guidelines for Court Involved Therapy

LEGAL ISSUES PERTAINING TO COURT-ORDERED FAMILY THERAPY

[Form 00 -Statement of Law Respondent Failed Therapy December 23 2022.docx](#)

LEGAL ISSUES FOR COURT ORDERS RELATED TO THERAPY

See Statement of Law available at the following link:

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