



LUDMERLAW

Parenting Library Index

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Creative, effective, and efficient solutions

1. General Parenting

Title	Author	Year/Publication
The Science of Parenting - 2 nd Edition	Margot Sunderland	2006 DK Publishing
Parent-Child Relations - 3 rd Edition	Phyllis Heath	2005 Pearson Education Inc.
Parenting – A Dynamic Perspective 2 nd Edition	George W. Holden	2015 Sage Publications Inc.
The Process of Parenting	Jane Brooks	2013 McGraw-Hill
Understanding Marriage, Family, and Intimate Relationships	Jerry D. Lehman	2005 Charles C. Thomas, Publisher
Introduction to Family Processes 5 th Edition	Randal D. Day	2010 Taylor & Francis Group
Parent-Child Relations – An Introduction to Parenting - 9 th Edition	Jerry J. Bigner and Clara Gerhardt	2006 Pearson Education Inc.
Parenting from the Inside Out	Daniel J. Siegel, MD and Mary Hartzell, Med	2004 Penguin Group
10 Basic Principles of Good Parenting	Laurence Steinberg, Ph.D.	2004 Simon & Schuster
Mind In The Making	Ellen Galinsky	2010 HarperCollins Publishers
The Whole Brain Child	Daniel J. Siegel, MD and Tina Payne Bryson, Ph.D.	2012 Bantam Books
The Collapse of Parenting	Leonard Sax MD, Ph.D.	2016 Basic Books
Summary – The Collapse of Parenting	Summary Reads	2016 Level Press
Parents Do Make A Difference	Michele Borba, Ed.D.	1999 Jossey-Bass
The Critical Role of Parenting in Human Development	Marianna S. Klebanaov and Adam D. Travis	2015 Routledge
Raising a Secure Child – Creating an Emotional Connection Between You and Your Child	Zeynep Biringen, Ph.D.	2004 Perigee Book
Raising Happiness	Christine Carter, Ph.D.	2011 Ballantine Books
Raising an Emotionally Intelligent Child	John Gottman, Ph.D.	1997 Simon & Schuster
10 Mindful Minutes	Goldie Hawn	2011 Pergiee Books
The Student EQ edge	Steven J. Stein, Howard E. Book and Korrel Kanoy	2013 John Wiley and Sons Inc.
Emotionally Intelligent Parenting – How to Raise A Self-Disciplined, Responsible, Socially Skilled Child	Maurice J. Elias, Ph.D., Steven E. Tobias, Psy.D. and Brian S. Friendlander, Ph.D.	1999 Three Rivers Press
Emotion Regulation in Children and Adolescents	Michael A. Southam- Gerow	2013 The Guilford Press
Building Emotional Intelligence	Linda Lantieri	2008 Sounds True Inc.
Emotions Revealed	Paul Ekman	2003 Henry Holt & Company
Understanding Emotional Development	Robert Lewis Wilson and Rachel Wilson	2015 Routledge
Emotional Intelligence for Dummies	Steven J. Stein, Ph.D.	2009 John Wiley & Sons Canada
Words You Should Teach Your Children	Paula Balzer	2012 Adams Media
Building Resilience in Children and Teens 2 nd Edition	Kenneth R. Ginsburg, MD and Martha M. Jablow	2011 American Academy of Pediatrics
The Body Never Lies	Alice Miller	2006 Norton
How Children Succeed	Paul Tough	2012 Houghton Mifflin Harcourt Publishing Co.
Building Moral Intelligence	Michele Borba, Ed.D.	2001 Jossey-Bass

Title	Author	Year/Publication
The Moral Intelligence of Children	Robert Coles	1998 Plume Publishing
Raising A Child With Soul	Slovie Jungreis-Wolff	2008 St. Martin's Press
All Joy and No Fun – The Paradox of Modern Parenthood	Jennifer Senior	2014 Harper-Collins Publishers
The Price of Privilege	Madeline Levine, Ph.D.	2006 HarperCollins Publisher
Kids Wealth and Consequences	Richard A. Morris and Jayne A. Pearl	2010 Bloomberg
Teach Your Children Well – Parenting for Authentic Success	Madeline Levine, Ph.D.	2012 HarperCollins Publishers
The Motivation Breakthrough – 6 Secrets to Turning on the Tuned-Out Child	Richard Lavoie	2007 Touchstone
52 Simple Ways to Build Your Child's Self-Esteem & Confidence	Jan Dargatz	1991 Thomas Nelson Publishers
101 Amusing Ways to Develop Your Child's Thinking Skills and Creativity	Sarina Simon	1989 RGA Publishing Group
Breakthrough Parenting – Moving Your Family from Struggle to Cooperation – Workbook	Jayne A. Major, Ph.D.	1999 Breakthrough Parenting
Breakthrough Parenting – Moving Your Family from Struggle to Cooperation	Jayne A. Major, Ph.D.	2000 Breakthrough Parenting
How to Study – Practical Tips for Students	John Cowan	2003 Blackwell Publishing
Helping Your Child Get Top Grades	Alan M. Solomon, Ph.D. and Penelope Grenoble, Ph.D.	1988 RGA Publishing Group Inc.
The Effect of Children on Parents 2 nd Edition	Anne-Marie Ambert, PhD	2001 Hawthorn Press Inc.
Safe Kids, Smart Parents – What Parents Need to Know to Keep Their Children Safe	Rebecca Bailey, Ph.D. and Elizabeth Bailey	2013 Simon & Schuster Paperbacks
Intrusive Parenting – How Psychological Control Affects Children and Adolescents	Brian K. Barber	2002 American Psychological Association
Difficult Mothers – Understanding and Overcoming Their Power	Terri Apter	2012 W.W. Norton & Company
Will I Ever Be Good Enough – Healing the Daughters of Narcissistic Mothers	Karyl McBride, Ph.D.	2008 Atria Paperback
Positive Child Guidance - 8 th Edition	Darla Ferris Miller	2016 Cengage Learning
Theories of Childhood - 2 nd Edition	Carol Garhart Mooney	2013 RedLeaf Press
A Secure Base – Parent-Child Attachment and Healthy Human Development	John Bowlby	1988 Routledge
Do Parents Matter?	Robert A. LeVine and Sarah LeVine	2016 Perseus Books
Don't Get So Upset!	Tamar Jacobson, Ph.D.	2008 RedLeaf Press
Mamaleh Knows Best – What Jewish Mothers do to Raise Successful, Creative, Empathetic, Independent Children	Marjorie Ingall	2016 Harmony Books
The 7 Habits of Highly Effective Families	Stephen R. Covey	1997 Golden Books Publishing
The 7 Habits of Happy Kids	Sean Covey	2008 Simon & Schuster Publishing

2. Parenting After Separation

Title	Author	Year/Publication
Splitting Up – Enmeshment and Estrangement in the Process of Divorce	Alvin Pam and Judith Pearson	1998 The Guilford Press
Co-Parenting 101 – Helping Your Kids Thrive in Two Household after Divorce	Deesha Philyaw and Michael D. Thomas	2013 New Harbinger Publications, Inc.
Two Happy Homes – A working guide for parents & stepparents after divorce and remarriage	Shirley Thomas, Ph.D.	2005 Springboard Publications
Step Parenting 101	Dr. Kevin Leman	2006 Thomas Nelson Inc.
Shared Parenting – Raising Your Children Cooperatively After Separation	Jill Burrett and Michael Green	2006 Celestial Arts
Smart Parenting During and After Divorce	Peter J. Favaro, Ph.D.	2009 McGraw-Hill
Divorcing with Children	Jessica G. Lippman and Paddy Greenwall Lewis	2008 Greenwood Publishing Group
Step Parenting and the Blended Family	Dr. Scott Wooding	2008 Fitzhenry & Whiteside Ltd.
When Parents Part	Penelope Leach	2014 Alfred A. Knopf
Keys To Successful Step-Fathering	Carl E. Pickhardt, Ph.D.	1997 Barron's Educational Series
Raising The Kid You Love With The Ex You Hate	Edward Farber, Ph.D.	2013 Greenleaf Book Group Press
The Guide For Separated Parents – Putting Your Children First	Karen and Nick Woodall	2007 Piatkus Books
Step Coupling – Creating and Sustaining a Strong Marriage in Today's Blended Family	Susan Wisdom and Jennifer Green	2002 Three Rivers Press
Co-parenting with a Toxic Ex	Amy J. L. Baker, Ph.D. and Paul R. Fine, LCSW	2014 Raincoast Books
Parents Are Forever	Shirley Thomas Ph.D.	2004 Springboard Publications
Divorced But Still My Parents	Shirley Thomas, Ph.D. and Dorothy Rankin	1998 Springboard Publications
Making Divorce Easier on Your Child	Nicholas Long, Ph.D. and Rex Forehand, Ph.D.	2002 McGraw-Hill
The Co-Parenting Survival Guide – Letting Go of Conflict after a Difficult Divorce	Elizabeth S. Thayer, Ph.D. and Jeffrey Zimmerman, Ph.D.	2001 New Harbinger Publications, Inc.
Children Come First – Mediation, Not Litigation When Marriage Ends	Howard H. Irving, Ph.D.	2011 Dundurn Press
In The Name Of The Child	Janet Johnston, Vivienne Roseby and Kathryn Kuehnle	2009 Springer Publishing Company
Two Homes	Claire Masurel	2001 Candlewick Press
Getting Through My Parents Divorce – A Workbook for Children Coping with Divorce, Parental Alienation and loyalty Conflicts	Amy J. L. Baker, Ph.D. and Catherine C. Andre, Ph.D.	2015 Instant Help

Title	Author	Year/Publication
The Unexpected Legacy of Divorce	Judith S. Wallerstein, Julia M. Lewis and Sandra Blakeslee	2000 Hyperion, Hachette Book Group
The Truth About Children and Divorce	Robert E. Emery, Ph.D.	2006 Penguin Group
The Effect of Children on Parents 2 nd Edition	Anne-Marie Ambert, Ph.D.	2001 Routledge
Don't Alienate The Kids! Raising Resilient Children	Bill Eddy, LCSW, JD	2010 HCI Press
Divorce Poison	Dr. Richard A. Warshak	2010 HarperCollins Publishers
The Good Karma Divorce	Judge Michele Lowrance	2010 HarperCollins Publishers
Children & Separation – Surviving Divorce & Family Break-Up	Jennifer Croly	2013 Lion Hudson

Title	Author	Year/Publication
New Ways for Families in Separation or divorce- Professional Guidebook for Therapists, Lawyers, Judicial Officers and Mediators	Bill Eddy	2009 High Conflict Institute Press
Managing High Conflict People in Court	Bill Eddy	2008 High Conflict Institute Press
High Conflict People in Legal Disputes	Bill Eddy	2005 High Conflict Institute Press
It's All Your Fault at Work – Managing Narcissists and other High-Conflict People	Bill Eddy and L. Georgi DiStefano	2015 Unhooked Books
Biff – Quick Responses to High-Conflict People, their personal attacks, hostile email and social media meltdowns	Bill Eddy	2011 Unhooked Books
So What's your proposal? Shifting High-Conflict People from Blaming to Problem-Solving in 30 Seconds!	Bill Eddy	2014 Unhooked Books
Splitting – Protecting Yourself While Divorcing Someone with Borderline or Narcissistic Personality Disorder	Bill Eddy and Randi Kreger	2011 New Harbinger
It's All Your Fault! 12 Tips for Managing People who Blame others for Everything	Bill Eddy	2008 High Conflict Institute Press
Don't Alienate the Kids! Raising Resilient Children while Avoiding High Conflict Divorce	Bill Eddy	2010 High Conflict Institute Press
The Parental Alienation Syndrome – A Family Therapy and Collaborative Systems Approach to Amelioration	Linda J. Gottlieb	2012 Charles C. Thomas Publisher, Ltd.
Adult Children of Parental Alienation Syndrome – Braking the Ties that Bind	Amy J.L. Baker	2007 W.W. Norton & Company

Title	Author	Year/Publication
Divorce Poison – How to Protect Your Family from Bad-Mouthing and Brainwashing 2 nd Edition	Dr. Richard A. Warshak	2010 Harper
Surviving Parental Alienation – A Journey of Hope and Healing	Amy J.L. Baker and Paul R. Fine	2014 Rowman & Littlefield
Divorce Casualties - Understanding Parental Alienation	Douglas Darnell, Ph.D.	2008 Taylor Publishing Company
Beyond Divorce Casualties – Reunifying the Alienated Family	Douglas Darnell, Ph.D.	2010 Taylor Publishing Company

3. *Communication, Boundaries and Discipline*

Title	Author	Year/Publication
Raising Your Kids without Raising Your Voice	Sarah Chana Radcliffe	2006 HarperCollins Publishers, Inc.
How To Talk So Kids Can learn – At Home and In School	Adele Faber and Elaine Mazlish	1995 Rawson Associates Scribner
How to Talk So Kids Will Listen & Listen So Kids Will Talk	Adele Faber and Elaine Mazlish	1982 Rawson, Wade Publishers, Inc.
How To Talk So Your Kids Will Listen – From Toddlers to Teenagers	H. Norman Wright	2004 Regal Books
Peaceful Parent, Happy Kids – How to Stop Yelling and Start Connecting	Dr. Laura Markham	2012 Penguin Group
Setting Limits With Your Strong-Willed Child	Robert J. MacKenzie, Ed.D.	2001 Three Rivers Press
Discipline Without Damage – How to get your kids to behave without messing them up	Dr. Vanessa LaPointe, R. Psych	2016 LifeTree Media Ltd.
No-Drama Discipline	Daniel J. Siegel, MD	2014 Bantam Books
Discipline Without Distress	Judy Arnall	2007 Professional Parenting Canada
1-2-3 Magic Effective Discipline for Children 2-12 4 th Edition	Thomas W. Phelan, Ph.D.	2010 Independent Publishers Group
Hold On To Your Kids – Why Parents Need To Matter More Than Peers	Gordon Neufeld, Ph.D. and Gabor Mate, MD	2005 Random House
The Everything Parent's Guide to Positive Discipline 2 nd Edition	Ellen Bowers, Ph.D.	2011 Adams Media
Positive Discipline	Jane Nelsen, Ed.D.	1981 Ballantine Books
Boundaries With Kids	Dr. Henry Cloud and Dr. John Townsend	1998 Zondervan
Breaking The Good Mom Myth	Alyson Schafer	2009 HarperCollins Publishers Ltd.
Honey, I Wrecked The Kids – When Yelling, Screaming, Threats, etc	Alyson Schafer	2009 HarperCollins Publishers Ltd.
Making Children Mind Without Losing Yours	Dr. Kevin Leman	1984 Baker Publishing Group
Getting Through to Difficult Kids and Parents	Ron Taffel	2001 Guilford Press

4. Complex Needs

Title	Author	Year/Publication
Understanding The Highly Sensitive Child – Seeing an Overwhelming World through Their Eyes	Jamie Williamson	2014 Family Feelings
The Opposite of Worry – The Playful Parenting Approach to Childhood Anxieties and Fears	Lawrence J. Cohen, Ph.D.	2013 Ballantine Books
The Anxiety Cure For Kids 2 nd Edition	Elizabeth DuPont Spencer, Robert L. DuPont and Caroline M. DuPont	2014 John Wiley & Sons, Inc.
The Highly Sensitive Child	Elaine N. Aron, Ph.D.	2002 Harmony Books
Parenting the Highly Sensitive Child	Julie B. Rosenshein	2013 Balboa Press
The Everything Parent's Guide to Overcoming Childhood Anxiety	Sherianna Boyle, Med	2014 Adams Media
Freeing Your Child From Anxiety – Revised and Updated Edition	Tamar E. Chansky, Ph.D.	2004 Harmony Books
Stress Free Kids – A Parent's Guide to Helping Build Self-Esteem	Lori Lite	2014 Adams Media
Helping Your Child Overcome Separation Anxiety or School Refusal	Andrew R. Eisen, Ph.D. and Linda B. Engler, Ph.D.	2006 New Harbinger Publications
The Explosive Child	Ross W. Greene, Ph.D.	1998 HarperCollins
The Manipulative Child	E.W. Swihart Jr, MD and Patrick Cotter, Ph.D.	1997 Bantam Books
Sport Confident Child	Chris Hopper	1988 Pantheon Books

5. Adolescents

Title	Author	Year/Publication
Adolescence 10 th Edition	Laurence Steinberg	2014 McGraw-Hill
Adolescence 16 th Edition	John W. Santrock	2010 McGraw-Hill
You and Your Adolescent	Laurence Steinberg, Ph.D.	1990 Simon & Schuster
What Works with Teens	Britt H. Rathbone and Julie B. Baron	2015 New Harbinger Publications
Taking Sides – Clashing Views in Adolescence 3 rd Edition	Toni Sarafini, B.J. Rye and Maureen Drysdale	2007 McGraw-Hill
Understanding Adolescents for Helping Professionals	Avidan Milevsky	2015 Springer Publishing Company
Teen Brain, Teen Mind – What Parents Need to know to Survive the Adolescent Years	Dr. Ron Clavier	2005 Key Porter Books
The Teenage Brain	Frances E. Jensen, MD and Amy Ellis Nutt	2015 HarperCollins Publishers
Brainstorm	Daniel J. Siegel, MD	2013 Penguin Group
Age of Opportunity	Laurence Steinberg, Ph.D.	2014 Houghton Mifflin Harcourt Publishing
Crossing Paths	Laurence Steinberg and Wendy Steinberg	1994 Simon & Schuster
The 5 Simple Truths of Raising Kids	R. Bradley Snyder	2013 Demos Medical Publishing
Have a New Kid by Friday	Dr. Kevin Leman	2008 Revell
No – Why Kids of All Ages Need to Hear It	David Walsh, Ph.D.	2007 Free Press
Why Do They Act That Way	David Walsh, Ph.D.	2004 e-Press
7 Things Your Teenager Won't Tell You	Jenifer Marshall Lippincott and Robin M. Deutsch, Ph.D.	2005 Ballantine Books
Yes, Your Teen Is Crazy	Michael J. Bradley Ed.D.	2003 Harbour Press
The Primal Teen	Barbara Strauch	2003 Random House
Relationship Skills 101 For Teens	Sheri Van Dijk	2015 New Harbinger Publications
Boundaries with Teens	Dr. John Townsend	2006 Zondervan
Parenting A Teen Who Has Intense Emotions	Pat Harvey and Britt H. Rathbone	2015 New Harbinger Publications
A Survival Guide to Parenting Teens	Joani Geltman	2014 American Management Association
The Mindful Teen	Dzung X. Vo, Md FAAP	2015 New Harbinger Publications
Stupid Parents – Why They Just Don't Understand and How You Can Help	Hayley DiMarco	2006 Fleming H. Revell
How To Talk So Teens Will Listen & Listen So Teens Will Talk	Adele Faber and Elaine Mazlish	2005 HarperCollins Publications
Parenting A Teen Girl	Lucie Hemmen, Ph.D.	2012 New Harbinger Publications
Breaking Through to Teens	Ron Taffel	2005 The Guilford Press
Got Teens?	Logan Levkoff, Ph.D. and Jennifer Wider, MD	2014 Seal Press
Ain't Misbehavin'	Alyson Schafer	2009 HarperCollins Publishers Ltd.
Boundaries With Teens	Dr. John Townsend	2006 Zondervan

Title	Author	Year/Publication
The Primal Teen	Barbara Strauch	2003 First Anchor Books
Why Won't My Teenager Talk To Me?	Dr. John Coleman	2014 Routledge
Have a New Teenager By Friday	Dr. Kevin Leman	2011 Baker Publishing Group
How To Hug A Porcupine – Negotiating The Prickly Points of the Tween Years	Julie A. Ross, MA	2008 McGraw-Hill
Parenting Your Delinquent, Defiant, or Out-of-Control Teen	Patrick M. Duffy, Jr., Psy.D.	2014 New Harbinger Publications Ltd
Your Defiant Teen – 10 Steps to Resolve Conflict and Rebuild Your Relationship	Russell A. Barkley, Ph.D., Arthur L. Robin, Ph.D. and Christine M. Benton	2014 The Guilford Press
Generation Me	Jean M. Twenge, Ph.D.	2006 Atria Paperbacks
Parenting Today's Adolescent	Dennis & Barbara Rasiney and Bruce Nygren	1998 Thomas Nelson Inc.
Getting to Calm	Laura S. Kastner, Ph.D. and Jennifer Wyatt, Ph.D.	2009 ParentMap
Get Out Of My Life	Anthony E. Wolf, Ph.D.	1991 Farrar, Straus and Giroux
Preparing Your Teens for College – Faith, Friends, Finances, and Much More	Alex Chediak	2014 Tyndale House Publishers
Parenting A Teen Girl	Lucie Hemmen, Ph.D.	2012 New Harbinger Publications, Inc.
Defiant Teens 2 nd Edition	Russell A. Barkley and Arthur L. Robin	2014 The Guilford Press
Don't Let Your Emotions Run Your Life For Teens	Sheri Van Dijk, MSW	2011 Instant Help
The Mindful Teen – Powerful Skills to Help You Handle Stress One Moment at a Time	Dzung X. VO, MD FAAP	2015 Instant Help
Freaking Out! The Science of the Teenage Brain	Dana Meachen Rau	2012 Compass Point Books
Handbook of Adolescent Psychology 3 rd Edition – Volume 2	Richard M. Lerner and Laurence Steinberg	2009 John Wiley & Sons, Inc.
The 7 Habits of Highly Effective Teens	Sean Covey	1998 Touchstone
Ending The Parent-Teen Control Battle – Resolve the Power Struggle & Build Trust, Responsibility & Respect	Neil D. Brown	2016 New Harbinger Publications

6. Family Systems: Resilience and Changes

Title	Author	Year/Publication
Strengthening Family Resilience 3 rd Edition	Froma Walsh	2016 The Guilford Press
Families & Change 5 th Edition	Christine A. Price, Kevin R. Bush and Sharon J. Price	2017 Sage Publications
Exploring Family Theories 3 rd Edition	Suzanne R. Smith and Raeann R. Hamon	2012 Oxford University Press
Attachment and Development	Susan Goldberg	2007 Hodder Education
Normal Family Processes 4 th Edition	Froma Walsh	2016 Guilford Publications

7. Gender Specific and Internet Issues

Title	Author	Year/Publication
Boys Adrift – Revised & Updated Edition	Leonard Sax, MD, Ph.D.	2016 PBG Publishing
The Wonder of Boys	Michael Gurian	1997 Penguin Books
Raising A Modern-Day Knight	Robert Lewis	1997 Tyndale House Publishers
Raising A Son – Parents and the Making of a Healthy Man	Don Elium and Jeanne Elium	1994 Celestial Arts
The Minds of Boys – Saving Our Sons from Falling Behind in School and Life	Michael Gurian and Kathy Stevens	2005 Jossey-Bass
Raising Boys 2 nd Edition	Steve Biddulph	1998 Celestial Arts
The Good Son – Shaping the Moral Development of Our Boys and Young Men	Michael Gurian	1999 Penguin Putnam
Help! We've Got Kids	Elisa Morton Palter and Shari Wert	2004 Webcom Ltd.
To A Very Special Daughter	Helen Exley Giftbook	1991 Helen Exley Giftbooks
Raising A Daughter – Parents and the Awakening of a Healthy Woman	Jeanne Elium and Don Elium	1994 Celestial Arts
Raising Girls – Why Girls Are Different	Gisela Preuschoff	2006 Celestial Arts
Mama, Do You Love Me?	Barbara M. Joesse	1991 Raincoast Books
The Incredible Years – A Trouble-Shooting Guide for Parents of Children Aged 2-8 Years	Carolyn Webster-Stratton, Ph.D.	2005 Incredible Years
The Big Disconnect – Protecting Childhood and Family Relationship in the Digital Age	Catherine Steiner-Adair, Ed.D, and Teresa H. Barker	2013 HarperCollins Publishers
Cyberbullying – Bullying in the Digital Age 2 nd Edition	Robin Kowalski, Ph.D., Susan Limer, Ph.D. And Patricia Agatston Ph.D.	2012 Wiley-Blackwell
The Dumbest Generation – How the Digital Age Stupefies Young Americans and Jeopardizes Our Future	Mark Bauerlein	2009 Penguin Group
Talking Back to Facebook – The Common Sense Guide to Raising Kids in the Digital Age	James P. Steyer	2012 Scriber
Children and the Internet – A Global Guide for Lawyers and Parents	Thomas J. Shaw	2012 ABA Publishing
It's Complicated – The Social Lives of Networked Teens	Danah Boyd	2014 Yale University Press

8. Fatherhood

Title	Author	Year/Publication
Treasury For Fathers	Norman Rockwell	2013 Abrams
A Father's Love – One Man's Unrelenting Battle to Bring His Abducted Son Home	David Goldman	2011 Penguin
A Promise to Ourselves	Alec Baldwin with Mark Tabb	2008 St. Martin's Press
Divorced Fathers and Their Families – Legal, Economic, and Emotional Dilemmas	Florence W. Kaslow, Ph.D.	2013 Springer
The Equal Parent Presumption – Social Justice in the Legal Determination of Parenting After Divorce	Edward Kruk	2011 McGills-Queens's University Press
Father's Rights 2 nd Edition – The Best Interest of your Child Includes You	James J. Gross	2004 Sphinx Publishing
Taken Into Custody – War against Fathers, Marriage, and the Family	Stephen Baskerville	2007 Cumberland House Publishing, Inc.
A Father's Heartbeat – 7 Virtues of Successful Fathers	Randal D. Day, Ph.D.	2012 Plain Sight Publishing
Spreading Misandry – The Teaching of Contempt for Men in Popular Culture	Paul Nathanson and Katherine K. Young	2001 McGill-Queen's University Press
Legalizing Misandry – From Public Shame to Systemic Discrimination Against Men	Paul Nathanson and Katherine K. Young	2006 McGill-Queen's University Press
Making Sense of Fatherhood – Gender, Caring and Work	Tina Miller	2011 Cambridge University Press
Home Game – An Accidental Guide to Fatherhood	Michael Lewis	2009 W.W. Norton & Company Inc.
How to be a Good Divorced Dad – Being the Best Parent Can Be Before, During, and After the Break-Up	Jeffrey M. Leving	2012 Jossey-Bass
Father and Child Reunion – How to Bring the Dads We Need to the Children We Love	Warren Farrell, Ph.D.	2001 Penguin Putnam Inc.
Business Dad – How Good Businessman Can Make Great Fathers (and Vice Versa)	Tom Hirschfeld and Julie Hirschfeld, Ph.D.	1999 Thomas P. Hirschfeld
The Father's Emergency Guide to Divorce-Custody Battle	Robert Seidenberg	1997 JES Books, Inc.
What a Difference A Daddy Makes – The indelible Imprint a Dad Leaves on His Daughter's Life	Dr. Kevin Leman	2000 Thomas Nelson, Inc.
A Father's Love – One Man's Unrelenting Battle to Bring His Abducted Son Home	David Goldman	2011 Penguin
Father – Daughter Relationships – Contemporary Research and Issues	Linda Nielsen	2012 Taylor & Francis Group

Title	Author	Year/Publication
Because You Are My Son – What I Hope You Never Forget	Gregory E. Lang	2010 Cumberland House Publishing
The Father's Guide to the Meaning of Life – What being a Dad has taught me about Hope, Love, Patience, Pride and Everyday Wonder	Joe Kita	2002 Joe Kita
Why A Son Needs A Dad	Gregory E. Lang	2003 Cumberland House Publishing
Why A Daughter Needs A Dad	Gregory E. Lang	2002 Cumberland House Publishing
Why A Son Needs A Mom – 100 Reasons	Gregory E. Lang	2004 Cumberland House Publishing
Why A Daughter Needs A Mom – 100 Reasons	Gregory E. Lang	2004 Cumberland House Publishing
Moral Panic – Biopolitics rising	John Fekete	1978 Robert Davies Publishing
Why A Daughter Needs A Dad	Gregory E. Lang	2010 Cumberland House Publishing
8 Simple Rules – for Dating my Teenage Daughter	W. Bruce Cameron	2001 Workman Publishing Company Inc.
Divorced Fathers – Children's Needs / Parental Responsibilities	Edward Kruk	2011 Fernwood Publishing
Fathers' Rights Activism and Law Reform in Comparative Perspective	Richard Collier and Sally Sheldon	2006 Hart Publishing
Divorced Dads Shattering the Myths – The Surprising Truth about Fathers, Children and Divorce	Sanford L. Braver, Ph.D. and Diane O'Connell	1998 Penguin Putnam
The Role of the Father in Child Development 4 th Edition	Michael E. Lamb	2004 John Wiley & Sons Ltd.
King Warrior Magician Lover, Rediscovering the Archetypes of the Mature Masculine	Robert Moore Douglas Gillette	1991 HarperCollins
The Collapse of Parenting – How we Hurt our Kinds when we Treat them like Grown-ups	Leonard Sax, MD, PhD	2016 Basic Books
Men on Strike – Why Men are Boycotting Marriage, Fatherhood, and the American Dream and Why it Matters	Helen Smith, PhD	2013 Encounter Books
Conflict is Not Abuse – Overstating Harm, Community Responsibility, and the Duty of Repair	Sarah Schulman	2017 Arsenal Pulp Press
Dad - Hundreds of Awesome Quotes About the Guy who Does it All	Various	2017 Adams Media
Results at the Top – Using Gender Intelligence to Create Breakthrough Growth	Barbara Annis Richard Nesbitt	2017 Wiley

Title	Author	Year/Publication
Gender Intelligence – Breakthrough Strategies for Increasing Diversity and Improving Your Bottom Line	Barbara Annis Keith Merron	2014 HarperCollins Publishers
Do Fathers Matter? What Science is Telling us About the Parent We've Overlooked	Paul Raeburn	2015 Scientific American/Farrar, Straus and Giroux

9. Emotional Regulation, Resilience and Focus

Title	Author	Year/Publication
Handbook of Emotional Regulation	James J. Gross	2015 Guilford Press
Emotion Regulation in Children and Adolescents - A Practitioner's Guide	Michael J. Southam-Gerov	2013 Guilford Press
Emotional Intelligence - Why it can matter more than IQ	Daniel Coleman	2006 Bantam-Dell
Social Intelligence - The New Science of Human Relationships	Daniel Coleman	2006 Bantam-Dell
Working with Emotional Intelligence	Daniel Coleman	1998 Bantam-Dell
Raising an Emotionally Intelligent Child - The Heart of Parenting	John Gottman, Ph.D.	1997 Simon and Schuster Paperbacks
The EQ Edge - Emotional Intelligence and Your Success	Steven J. Stein, Ph.D. and Howard E. Book, MD	2006 Jossey-Boss
The Student EQ Edge - Emotional Intelligence and Your Academic & Personal Success	Steven J. Stein, Ph.D., Howard E. Book, M.D., and Korral Kanoy	2013 Jossey-Boss
The Developing Mind - How Relationships and the Brain Interact to Shape Who We Are	Daniel J. Siegel	2012 Guilford Press
Living in the Age of Entitlement - The Narcissism Epidemic	Jean M. Twenge, Ph.D., and W. Keith Campbell, Ph.D	2013 Atria Paperback
The Narcissistic Family - Diagnosis and Treatment	Stephanie Donaldson-Pressman & Robert M. Pressman	1997 Jossey-Boss
Resilience - The Silence of Mastering Life's Greatest Challenges	Steven M. Southwick, MD and Dennis S. Charney, MD	2012 Cambridge
Emotional First Aid - Practical Strategies for Treating Failure, Rejection, Guilt, and Other Everyday Psychological Injuries	Guy Winch, Ph.D.	2013 Hudson Street Press
Building Resilience in Children and Teens - Giving Kids Roots and Wings	Kenneth R. Ginsburg and Martha M. Jablow	2011 American Academy of Pediatrics
Putting Emotional Intelligence to Work - Successful Leadership is More Than IQ	David Ryback	1998 Butterworth-Heinemann
Wait - The Art Science of Delay	Frank Partnoy	2012 Public Affairs
Emotional Intelligence - What You Need to Know, Definitions, Best Practices, Benefits and Practical Solutions	James Smith	2011 Emereo Publishing
Emotional Intelligence - High Impact Strategies - What You Need to know - Definitions, Adoptions, Impact, Benefits, Maturity & Vendors	Kevin Roebuck	2011 Emereo Publishing
Don't Let Your Emotions Run Your Life - How Dialectical Behaviour Therapy Can Put You In Control	Scott E. Spradlin	2003 New Harbinger Publications Inc.
Learn to Tame Your Stress Response	Globe & Mail	September 14, 2016
Emotional Intelligence - Why It Can Matter More than IQ	Daniel Goleman	1995 Bantam Books

Title	Author	Year/Publication
Social Intelligence-Beyond IQ, Beyond Emotional Intelligence - The Revolutionary New Science of Human Relationships	Daniel Goleman	2007 Bantam-Dell
Emotion In The Human Face	Paul Ekman	2013 Maylor Books
On Emotional Intelligence - HBR's 10 Most Reads	Daniel Goleman	2015 Harvard Business Review Press
The Psych 101 Series - Emotional Intelligence	Gerald Matthews, Moshe Zeidner and Richard D. Roberts	2012 Springer Publishing
Calming the Emotional Storm-Using Dialectical Behaviour - Therapy Skills to Manage Your Emotions & Balance Your Life	Sheri Van Dijk	2012 New Harbinger Publications Inc.
Emotional Intelligence 2.0	Travis Bradberry and Jean Greaves	2009 Talent Smart
Primal Leadership - Learning to Lead with Emotional Intelligence	Daniel Goleman	2002 Harvard Business Review Press
Emotional Agility - Get Unstuck, Embrace Change and Thrive in Work and Life	Susan David	2016 Penguin Random House UK
Emotional Intimacy - A Comprehensive Guide for Connecting with the Power of Your Emotions	Robert Augustus Masters Ph.D.	2013 Sounds True Inc.
The Emotional Life of Your Brain	Richard J. Davidson, Ph.D. and Sharon Bagley	2012 Penguin
The Language of Emotions - What Your Feelings Are Trying to Tell You	Karla McLaren	2010 Sound True Inc.
People Skills - How to Assert Yourself, Listen to Others, and Resolve Conflicts	Robert Bolton, Ph.D.	1986 Touchtone Books
Social - Why our Brains Are Wired to Connect	Matthew D. Lieberman	2013 Broadway Books
The Art of Empathy - A Complete Guide to Life's Most Essential Skill	Karla McLaren	2013 Sound True Inc.
Mindsight - The New Science of Personal Transformation	Daniel J. Siegel	2010 Bantam Books
Wait - The Art Science of Delay	Frank Pinoy	2012 Public Affairs
Learned Optimism - How to Change Your Mind and Your Life	Martin E.P. Seligman, Ph.D.	2006 Vintage Books
Authentic Happiness - Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment	Martin E.P. Seligman, Ph.D.	2002 Vintage Books
Ordinary Magic - Resilience in Development	Ann S. Masten	2015 Guilford Press
Drive - The Surprising Truth About What Motivates Us	Daniel H. Pink	2012 Riverhead Books
Grit - The Power of Passion and Perseverance	Angela Duckworth	2016 Collins
The Resilience Divided	Judith Rodin	2014 The Rockefeller Foundation
The Resilience Factor - 7 Keys to Finding Your Inner Strength and Overcoming Life's Hurdles	Karen Reivich	2003 Three Rivers Press

Title	Author	Year/Publication
Unbeatable Mind	Mark Devine	2015 CreateSpace Independent Publishing Platform
The Inside Edge - High Performance through their Mental Fitness	Peter Jensen	1992 MacMillan Canada
The Owners Manual for the Brain - The Ultimate Guide to Peak Mental Performance at all ages	Pierce J. Howard, Ph.D.	2014 Harper Collins
Brain Rules - 12 Principles for Surviving and Thriving at Work, Home and School	John Medina	2014 Pear Press
Performing Under Pressure - The Science of Doing Your Best When It Matters Most	Hendrie Weisinger and J.P. Pawliw-Fry	2015 Crown Business
The Winners Brain - 8 Strategies Great Minds Use to Achieve Success	Jeff Brown and Mark Fenske	2010 Lifelong Books
The Tell Tale Brain - A Neuroscientist's Quest for What Makes Us Human	V.S. Ramachandran	2012 Norton
A Skeptics Guide to the Mind	Robert A. Burton, MD	2013 St. Martin's Press
Wisdom from Philosophy to Neuroscience	Steven S. Hall	2010 Alfred A Knopf
The Developing Mind - How Relationships and the Brain Interact to Shape Who We Are	Daniel J. Siegel	2012 Guilford Press
Start With Why – How Great Leaders Inspire Everyone to Take Action	Simon Sinek	2009 Portfolio/Penguin
The Organized Mind – Thinking Straight in the Age of Information Overload	Daniel J. Levitin	2014 Penguin
The 7 Habits of Highly Effective People – Powerful Lessons in Personal Change	Stephen R. Covey	2004 Free Press
The Gifts of Imperfection – Let Go of Who You Think You're Supposed to Be and Embrace Who You Are – Your Guide to a Wholehearted Life	Brene Brown, Ph.D., LMSW	2010 Hazelden
The Surprising Truth About How We Learn and Why It Happens	Benedict Carey	2015 Random House
The Small Big – Small Changes that Spark Big Influence	Steve J. Martin, Noah J. Goldstein and Robert B. Cialdini	2014 Grand Central Publishing
Smarter Faster Better – The Secrets of Being Productive in Life and Business	Charles Duhigg	2016 Doubleday Caanada
This Explains Everything – Deep, Beautiful, and Elegant Theories of How the World Works	John Brockman	2013 HarperCollins
What Should We Be Worried About? – Real Scenarios That Keep Scientists Up at Night	John Brockman	2014 Harper Perennial

Title	Author	Year/Publication
Why Some Ideas Survive and Others Die- Made to Stick	Chip Heath and Dan Heath	2008 Random House
Seeing What Others Don't – The Remarkable Ways We Gain Insights	Gary Klein	2013 Public Affairs
Focus – The Hidden Driver of Excellence	Daniel Goleman	2013 HarperCollins
Execution – The Discipline of Getting Things Done	Larry Bossidy and Ram Charan	2002 Crown Business
The Attacker's Advantage – Turning Uncertainty into Breakthrough Opportunities	Ram Charan	2015 Public Affairs
When Pride Still Matters – A Life of Vince Lombardi	David Maraniss	1999 Simon & Schuster
The Lombardi Rules – 26 Lessons from Vince Lombardi The World's Greatest Coach	Vince Lombardi Jr.	2005 McGraw-Hill
Tuesdays with Morrie – an old man, a young man, and life's greatest lesson	Mitch Albom	2002 Broadway Books

10. Family Therapy

Title	Author	Year/Publisher
Family Therapy - Concept & Methods 11 th Edition	Michael P. Nichols and Sean D. Davis	2001 Pearson Education
Power & Compassion – Working with Difficult Adolescents and Abused Parents	Jerome A. Price	1996 Guilford Press
Therapy and Practice of Family therapy and Counseling 2 nd Edition	James Robert Bitter	2009 Brooks/Cole Cengage Learning
Marriage and Family Therapy	Linda Metcalf	2011 Springer Publishing Company
Therapeutic Family Mediation – Helping Families Resolve Conflict	Howard H. Irving and Michael Benjamin	2002 Sage Publications
The Essentials of Family Therapy 6 th Edition	Michael P. Nichols	2009 Pearson Education
The Craft of Family Therapy – Challenging Certainties	Sarah A. Walker, Roseann Pascale and Helen T.M. Reynolds	2014 Routledge
Family Therapy – History, Theory, and Practice 6 th Edition	Samuel T. Gladding	2007 Pearson Education
The Wiley-Blackwell Handbook of Family Psychology	James H. Bray and Mark Stanton	2013 Blackwell Publishing
Basic Family Therapy 6 th Edition	Philip Barker and Jeff Chang	2013 John Wiley and Sons
Emotions in child Psychotherapy – An Integrative Framework	Kenneth Barish, Ph.D.	2009 Oxford University Press
Essential Skills in Family Therapy 2 nd Edition – From the First Interview to Termination	JoEllen Patterson, Lee Williams, Todd M. Edwards, Larry Chamow and Claudia Grauf-Grounds	2009 Guilford Press
Child and Adolescent Mental Health Theory and Practice 2 nd Edition	Margaret Thompson, Christine Hooper, Cathy Laver-Bradbury and Christopher Gale	2012 Hodder & Stoughton Ltd.
On Being a Master Therapist – Practicing What You Preach	Jeffrey A. Kottler and Jon Carlson	2014 John Wiley & Sons
Counseling in the Family Law System – A Professional Counselor’s Guide	Virginia B. Allen	2014 Springer Publishing Company
Bad Therapy – Master Therapists Share Their Worst Failures	Jeffrey A. Kottler and Jon Carlson	2003 Routledge
On Being a Therapist 4 th Edition	Jeffrey A. Kottler	2010 Jossey-Bass
Therapy Breakthrough – Why Some Psychotherapies Work Better Than Others	Michael R. Edelstein Ph.D., Richard K. Kujoth Ed.D. and David Ramsay Steele Ph.D.	2013 Open Court Publishing Company
What Works For Whom? A Critical Review of Treatments for Children and Adolescents 2 nd Edition	Peter Fonagy, David Cottrell, Jeannette Phillips, Dickon Bevington, Danya Glaser and Elizabeth Allison	2015 The Guilford Press
F*ck Feelings – One shrink’s practical advice for managing all life’s impossible problems	Michael I. Bennett, MD and Sarah Bennett	2015 Simon & Schuster

Title	Author	Year/Publisher
When Parents Hurt – Compassionate Strategies When You and Your Grown Child Don't Get Along	Joshua Coleman Ph.D.	2008 HarperCollins
Clinical topics in Child and Adolescent Psychiatry	Sarah Huline-Dickens	2014 Royal College of Psychiatrists
How Can I Help? – A Week in My Life as a Psychiatrist	David Goldbloom and Pier Bryden	2013 Simon & Schuster
Cognitive-Behavior Therapy For Children	Dean McKay and Eric A. Storch	2009 Springer Publishing Company
The Handbook for the Assessment of Children's Behaviours	Johnathan Williams and Peter Hill	2012 John Wiley & Sons
Family Therapy – An Overview 8 th Edition	Herbert Goldenberg and Irene Goldenberg	2008 Brooks/Cole Cengage Learning
Counselling Adolescents – The proactive Approach for Young People 4 th Edition	Kathryn Geldard, David Geldard and Rebecca Yin Foo	2016 Sage Publications
Read Two Books and Let's Talk Next Week – Using Bibliotherapy in Clinical Practice	Janice Maidman Joshua and Donna DiMenna	2000 John Wiley & Sons
The Handbook of Counselling Children and Young People	Sue Pattison, Maggie Robson and Ann Beynon	2015 Sage Publications
Child Psychopathology 3 rd Edition	Eric J. Mash and Russell A. Barkley	2014 The Guilford Press
Foundations of Couples, Marriage, and Family Counseling	David Capuzzi and Mark D. Stauffer	2015 John Wiley & Sons
Basic Family Therapy 6 th Edition	Philip Barker and Jeff Chang	2013 John Wiley & Sons
The Handbook of Child & Adolescent Psychotherapy 2 nd Edition	Monica Lanyado and Ann Horne	2009 Routledge
The Routledge Handbook of Attachment: Implications and Interventions	Paul Holmes and Steve Farnfield	2014 Routledge
Clinical Handbook of Psychological Disorders 5 th Edition – A Step-by-Step Treatment Manual	David H. Barlow	2014 Guildford Press
Cognitive Therapy of Personality Disorders 3 rd Edition	Aaron T. Beck, Denise D. Davis and Arthur Freeman	2015 Guilford Press
Counseling Children 8 th Edition	Donna A. Henderson and Charles L. Thompson	2011 Brooks/Cole Cengage Learning
Treating Traumatic Stress in Children and Adolescents	Margaret E. Blaustein and Kristine M. Kinniburgh	2010 The Guilford Press
DBT Skills Manual for Adolescents	Jill H. Rathus and Alec L. Miller	2015 The Guilford Press
Therapy with Coerced and Reluctant Clients	Stanley L. Brodsky	2011 American Psychological Association
Personal Health Information Protection Act 2 nd Edition – Implementing Best Privacy Practices	Lydia Wakulowsky	2011 LexisNexis
A Short Introduction to Helping Young People Manage Anxiety	Carol Fitzpatrick	2015 Jessica Kingsley Publishers

11. Custody/Access Assessments

Title	Author	Year/Publication
Parenting Plan Evaluations – Applied Research for the Family Court 1 st Edition	Kathryn Kuehnle and Leslie Drozd	2012 Oxford University Press
Parenting Plan Evaluations – Applied Research for the Family Court 2 nd Edition	Leslie Drozd, Michael Saini and Nancy Olesen	2016 Oxford University Press
Evidence – Informed Assessment and Practice in Child Welfare	John S. Wodarski, Michael J. Holosko and Marvin D. Fiet	2015 Springer International Publishing
How to Examine Psychological Experts in Divorce and Other Civil Actions	Marc J. Ackerman, Ph.D. and Andrew W. Kane, Ph.D.	1990 Legal Publishing
Cross-Examining Psychiatrists and Psychologists – A Practical Guide	Alan T. Radnor	2014 American Bar Association
Deciding Children’s Futures – An Expert Guide to Assessments for Safeguarding and Promoting Children’s Welfare in the Family Court	Joyce Scaife	2013 Routledge
Studies in the Assessment of Parenting	Peter Reder, Sylvia Duncan and Clare Lucey	2003 Routledge
Handbook of Child Custody	Mark L. Goldstein	2016 Springer International Publishing
The Routledge Handbook of Attachment: Assessment	Steve Farnfield and Paul Holmes	2014 Routledge
Clinician’s Guide to Psychological Assessment and Testing – With Forms and Templates for Effective Practice	John M. Spores	2013 Springer International Publishing
Forensic Uses of Clinical Assessment Instruments	Robert P. Archer and Elizabeth M.A. Wheeler	2015 Routledge
Psychological Testing in Child Custody Evaluations	James R. Flens and Leslie Drozd	2005 The Hayworth Press
Evaluating Competencies Forensic Assessments and Instruments	Thomas Grisso	2012 Forgotten Books
A Handbook of Divorce and Custody – Forensic, Developmental, and Clinical Perspectives	Linda Gunsberg and Paul Hymowitz	2005 The Analytic Press
Learning Forensic Assessment – Research and Practice	Rebecca Jackson and Ronald Roesch	2016 Routledge
Essentials of Forensic Psychological Assessment	Marc J. Ackerman	2010 John Wiley & Sons
Psychiatric Expert Testimony – Emerging Applications	Kenneth J. Weiss M.D., and Clarence Watson JD M.D.	2015 Oxford University Press
Expert Evidence in Criminal Law: The Scientific Approach	Alan D. Gold	2009 Irwin Law Inc.
A Comprehensive Guide to Child Custody Evaluations – Mental Health and Legal Perspectives	Joanna Bunker Rohrbaugh	2008 Springer Science + Business Media
The Art and Science of Child Custody Evaluations	Jonathan W. Gould and David A. Martindale	2007 The Guilford Press
Guide to Custody and Access Assessments	Dr. Arthur Leonoff and Robert J. Montague	1996 Thompson Canada Limited

Title	Author	Year/Publication
Children Held Hostage – Identifying Brainwashed Children, Presenting a case, and Crafting Solutions	Stanley S. Clawar and Brynne V. Rivlin	2013 American Bar Association
Forensic Psychology Consultation in Child Custody Litigation – A Handbook for Work Product Review, Case Preparation and Expert Testimony	Philip M. Stahl, Ph.D. and Robert A. Simon, Ph.D.	2013 American Bar Association
Making Sense of Child and Family Assessment – How to Interpret Children’s Needs	Duncan Helm	2010 Jessica Kingsley Publishers
Parenting Plan Evaluations – Applied Research for the Family Court	Leslie Drozd, Michael Saini and Nancy Olesen	2016 Oxford University Press
Handbook of Child Custody	Mark L. Goldstein	2016 Springer International Publishing
Investigative Interviews of Children – A Guide for Helping Professionals	Debra A. Poole and Michael E. Lamb	2007 American Bar Association
Deciding Children’s Futures – An Expert Guide to Assessments for Safeguarding and Promoting Children’s Welfare in the Family Court	Joyce Scaife	2013 Routledge
Parenting Assessments in Child Welfare Cases – A Practical Guide	Terry D. Pezzot-Pearce and John Pearce	2004 University of Toronto Press Incorporated
The Scientific Basis of Child Custody Decisions	Robert M. Galatzer-Levy, Louis Kraus and Jeanne Galatzer-Levy	2009 John Wiley & Sons Inc.
Conducting Scientifically Crafted Child Custody Evaluations	Jonathan W. Gould, Ph.D.	2006 Professional Resource Press
Family Evaluation in Custody Litigation – Reducing the Risks of Ethical Infractions and Malpractice	G. Andrew H. Benjamin and Jackie K. Gollan	2005 American Psychological Association

12. General Therapy

Title	Author	Year/Publication
Family Practice Guidelines	Jill C. Cash and Cheryl A. Glass	2011 Springer Publishing Company
The Professional Counselor's Desk Reference	Irmo Marini and Mark A. Stebnicki	2009 Springer Publishing Company
Full Catastrophe Living – Using the Wisdom of Your Body and Mind to Face Stress, Pain, and Illness	Jon Kabat-Zinn	1990 Bantam Books
Effective Writing in Psychology – 2 nd Edition – Papers, Posters and Presentations	Bernard C. Beins and Agatha M. Beins	2012 Wiley-Blackwell
Handbook of Temperament	Marcel Zentner and Rebecca L. Shiner	2012 Guilford Press
Grief Counseling and Grief Therapy – A Handbook for the mental Health Practitioner 4 th Edition	J. William Worden	2009 Springer Publishing
Someone Died... Now What? A Personal and Professional Perspective on Coping with Grief and Loss	Corrie Sirota MSW, PSW	2015 Corrie Sirota
Healing Developmental Trauma – How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationship	Laurence Heller, Ph.D. and Aline LaPierre, Psy.D.	2012 North Atlantic Books
Facing a Death in the Family – Caring for Someone Through Illness and Dying, Arranging the Funeral, Dealing with the Will and Estate	Margaret Kerr and Joann Kurtz	1999 John Wiley and Sons
Overcoming Life's Disappointments	Harold S. Kushner	2006 Alfred A. Knopf
Bridges Not Walls – 11 th Edition – A Book About Interpersonal Communication	John Stewart	2002 The McGraw-Hill Companies, Inc.
Are You Really Listening – Keys to Successful Communication	Paul J. Donoghue and Mary E. Siegel	2005 Ave Maria Press, Inc.
Active Listening – Improve Your Ability to Listen and Lead	Michael H. Hoppe	2006 Center for Creative Leadership
Listening – The Forgotten Skill 2 nd Edition – A Self-Teaching Guide	Madelyn Burley-Allen	1995 John Wiley & Sons, Inc.
Messages – The Communication Skills Book 3 rd Edition	Matthew McKay, Martha Davis and Patrick Fanning	2009 New Harbinger Publications, Inc.
The Messages Workbook	Martha David, Ph.D., Kim Paleg, Ph.D. and Patrick Fanning	2004 Raincoast Books
The Blue Day Book 10 th Anniversary	Bradley Trevor Greive	2000 BTG Studios
History of Psychology 101	David C. Devonis	2014 Springer Publications
Why Don't We Listen Better?	James C. Petersen and D. Min	2007 Petersen Publications

Title	Author	Year/Publication
The Lost Art of Listening 2 nd Edition	Michael P. Nichols, Ph.D.	2009 Guilford Press
Why Does He Do That?	Lundy Bancroft	2002 Berkley Publishing Group
The Family Intervention Guide To Mental Illness	Bodie Morey and Kim T. Mueser, Ph.D.	2007 Raincoast Books
What Is Mental Illness	Richard J. McNally	2011 By The President & Fellows of Harvard College
Stress Management for Dummies	Allen Elkin, Ph.D.	1999 Wiley Publishing
Communicating Effectively for Dummies	Marty Brounstein	2001 Wiley Publishing
Overcoming Anxiety for Dummies	Charles H. Elliott, Ph.D. and Laura L. Smith, Ph.D.	2010 Wiley Publishing
Happiness for Dummies	W. Doyle Gentry, Ph.D.	2008 Wiley Publishing
Can I Catch It Like A Cold – Coping with a parent’s depression	Centre For Addiction and Mental Health	2009 Tundra Books
Wishes and Worries – Coping with a parent who drinks too much alcohol	Centre For Addiction and Mental Health	2011 Tundra Books
Why Are You So Scared – A Child’s Book About Parents with PTSD	Beth Andrews	2012 Magination Press
Why is Mommy Sad – A book to help children understand Parental Depression	Paul D. Chan, MD	2005 CCS Publishing
Helping Young People Manage Anxiety (A Short Introduction)	Carol Fitzpatrick	2015 Jessica Kingsley Publishers
Borderline Personality Disorder – An information guide for families	Centre For Addiction and Mental Health	2009 CAMH
Loving Someone with OCD	Karen Landsman, Ph.D., Kathleen Rupretus and Cherry Pedrick RN	2005 Raincoast Books
Loving Someone with PTSD	Aphrodite Matsakis, Ph.D.	2013 New Harbinger Publications
Loving Someone with Bi-Polar Disorder	Julie Fast and John Preston, Psy.D.	2012 New Harbinger Publications
Loving the Self-Absorbed	Nina W. Brown Ed.D.	2003 New Harbinger Publications
Loving Someone with Attention Deficit Disorder	Susan Tschudi, MA	2012 New Harbinger Publications
Children of the Aging Self- Absorbed	Nina W. Brown Ed.D.	2015 New Harbinger Publications
Surviving a Borderline Parent	Kimberlee Roth and Freda Friedman, Ph.D.	2003 New Harbinger Publications
Children of the Depressed	Shoshana Bennett, Ph.D.	2014 New Harbinger Publications
Disarming the narcissist 2 nd Edition	Wendy Behary, LCSW	2013 New Harbinger Publications
When Parents Hurt	Joshua Coleman, Ph.D.	2008 HarperCollins Publishers
Poisonous Parenting – Toxic Relationships Between Parents and their Adult Children	Shea M. Dunham, Shannon B. Dermer and Jon Carlson	2011 Taylor and Francis Group
Toxic Parents	Susan Forward Ph.D. and Craig Buck	1989 Bantam Books
Children of The Aging Self- Absorbed – A Guide to Coping With Difficult, Narcissistic Parents & Grandparents	Nina W. Brown, Ed.D., LPC	2015 New Harbinger Publications, Inc.
I Don’t Know How She Does It	Allison Pearson	2002 Chatto & Windus

Title	Author	Year/Publication
Loving Through Heartsongs	Mattie J.T. Stepanek	2003 Hyperion
The Disease To Please – Curing the People-Pleasing Syndrome	Harriet B. Braiker, Ph.D.	2001 McGraw-Hill
The Birth Order Book – Why You Are The Way You Are	Dr. Kevin Leman	1985 Baker Publishing Group
Post-Traumatic Stress Disorder for Dummies	Mark Goulston, MD	2008 Wiley Publishing
Cults In Our Midst – The Continuing Fight Against Their Hidden Menace	Margaret Thaler Singer	2003 Jossey-Bass
The Highly Sensitive Person's Workbook	Elaine N. Aron, Ph.D.	1999 Broadway Books
Stop Caretaking the Border Line or Narcissist – How To End The Drama and Get On With Life	Margalis Fjelstad	2013 Rowman & Littlefield Publishers
Anxiety 101 – The Psych 101 Series	Moshe Zeidner and Gerald Matthews	2011 Springer Publishing Company